

Monitoring returns on wellbeing projects

Project: Killingbeck & Seacroft school holiday provision			
Lead organisation: Leeds City Council Youth Service		Wellbeing Funding: £4896	
Young people took part in a range of social and education activities during October half term including arts and crafts, Halloween Parties, a Health and Wellbeing day, Duke of Edinburgh Programme, and cultural events at Harrogate Theatre and The Clothes Show Live, learning new social skills and communication skills, and exploring culture, identity and image. The numbers of young people taking part were:			
Pop Art Portraits	5	Crossgates sessions	25
Halloween Party Seniors	22	Kentmere sessions	26
Halloween Party Intermediates	23	Kentmere party	14
Duke of Edinburgh Walk	4	Intermediates	10
Health and Wellbeing Day	12	Kentmere Seniors	17
Back Yard Breeze	82	Styles customising clothes	3
Creative Fun Young people's group	5	Clothes Show	11
		Harrogate Theatre	18

Project: Gipton & Harehills School Holiday Provision	
Lead organisation: Leeds City Council Youth Service	Wellbeing Funding: £5,000
The funding was used to provide additional activities in support of existing sessions across the ward, in particular with groups at Henry Barran Community Centre whilst it was closed for repairs to the main hall. Specific bowling activities were earmarked specially for this group from Henry Barran to ensure that contact was maintained. General activities such as canoeing in the pool at Fearnville Leisure Centre were accessible to all. Activity sessions took place at both the Bangladeshi Centre and Muslim Cultural Society building in support of mischievous and bonfire night provision in the area to combat anti social behaviour.	
Funds were fairly distributed to support ongoing work, but also to encourage integration of young people from both Gipton and Harehills. During February half term period trips took place to The Works, a local skate park, bowling, swimming at Barnsley Metrodome, and a multi sports activity session at Harehills park was arranged. Each of the trips were well attended, however the multi sports didn't attract as many young people that we had hoped. Feedback from the sessions was overall positive and will form the basis for development in the future.	

Project: Burmantofts & Richmond Hill School Holiday Provision	
Lead organisation: Leeds City Council Youth Service	Wellbeing Funding: £5,000
Arts and crafts – 8 young people attended. They learnt different art and craft techniques and new skills using recycled materials to design a mug and dress a mannequin. The session was easy to understand and girls and boys participated in what is usually seen as predominately female activity.	
Media - 16 young people attended to develop photography skills and learn to look at their perspective of the area in a different way. It led to young people talking to local residents and shopkeepers, when asked what they were doing and being invited into the shops to get different angles for the photos. The youth service are hoping to offer further in depth sessions that incorporate printing and photograph effects on a weekly basis. It raised their self-confidence and esteem when they saw they could obtain good results and images.	
Doncaster Dome – 6 young people experienced new forms of physical activities which they may not normally get the chance to do. Young people learnt to manage their time equally time between skating and swimming and how to conduct themselves correctly in public.	

Pugney's Water Park – 18 young people took part in raft building, while working on team work, communication and self-confidence. They developed leadership skills and logic skills and learned new skills such as knot tying and construction.



Go Karting – 31 young people took part and developed new go karting skills. They took instruction well and learned the health and safety aspects of go karting, whilst having fun.

Flamingo Land – 28 young people attending this social activity which was a thank you to the young people for their behaviour and participation during the holidays. Very good day out with the young people mixing and socialising with other young people they wouldn't normally speak with. Their self-confidence and esteem was raised due to support and encouragement from young people and staff to overcome fear of heights. All young people behaved well and had good attitudes towards staff, peers and the public.



Transitional residential- 20 young people took part in A residential expedition, giving them the chance to engage in adventurous activities in new and challenging environments away from their local area, with unique opportunities for personal and social development. Young people gained new skills and confidence and felt better equipped to handle the transition to high school.

Live on the Drive - A local community event in Richmond Hill, in partnership with local voluntary sector organisations; the police and Area Management. This was a fun filled day involving 68 young people. They were able to build relationships with statutory organisations and members from the community, and improve inter-generational understanding. Everyone shared eating barbecued food; fun activities; street hockey; graffiti art; arts and crafts; DJ skills; bouncy castles. The young people who were been involved in the planning, fund raising, preparing food; leading activities and participating showed a very responsible attitude.

Project: Bicycle Reparation Service	
Lead organisation: Leeds City Council Youth Offending Service	Wellbeing Funding: £2,600
This has been running on a weekly basis since August 2010 at the Denis Healey Centre. 12 young people have engaged with the project and have been able to donate 6 bicycles to St Martin House Hospice. This has enabled young people to learn new skills and attempt to make amends for their offending behaviour. All the young people involved have also had the opportunity to access youth service provision.	

Project: Gipton Juniors Football	
Lead organisation: Gipton Juniors Football Club	Wellbeing Funding: £1,996
	Gipton Juniors have 4 teams – U9s, U11, U13, and U17s. The club continues to go from strength to strength. The club has 150 players and have just started a girls team. Their elite group, the Leeds Inner City Football Training Academy, have had three players sign for the Leeds United Academy.

Project: Multi Sport & Swimming Camp and Football Camp**Lead organisation: Leeds City Council Community Sport** | **Wellbeing Funding: £3,726**

The multi sport and swimming camp offered 12 days of activities for 8 to 12 year olds over a four week period at Fearnville Leisure Centre. 45 places per day were available and these were filled every day. Overall the camp attracted 106 different young people.

Four Fearnville Leisure Centre staff supported the sessions, five of which acknowledged they had learned new skills, such as how to adapt games to suit different abilities, how to approach badly behaved children, new games to play and how to make things more fun. The staff have requested to be involved in this type of provision again.

There was also an opportunity for the young people who attended the sports camp to gain an accreditation award part of the Asdan – Sports and Fitness course. There was 10 young people who gained 1 credit for the section completed, each credit representing about 10 hours of activity. To gain the qualification young people had to complete the sports and fitness work book by recording what activities they did, how they did it and what they have learnt from this process.

The football camp was for 8 to 13 year olds and was for one week at Leeds City College (Thomas Danby). 90 places per day were available and on average 75 young people attended per day. Overall the camp attracted 80 different young people.

The camp was a partnership project between community sport officers from East and North East Leeds and Leeds City College, Thomas Danby Community Sport Centre and Leeds Utd in the Community, creating an opportunity for young people to access excellent facilities and mix with children from a broader geographical area.

The activities consisted of warm up, stretches, skills, fun games, small sided and full sided games and matches, cool downs and feedback sessions with the young people.

As in previous years, approximately one third of the participants came from the Inner East Leeds area. Two boys and one girls were asked to attend the training at Leeds Utd training academy to further develop their footballing skills and knowledge.

Project: Burmantofts & Richmond Hill Family Well Being Project**Lead organisation: Zest Health for Life****Wellbeing Funding: £2,000**

East End Park family fun day (Lark in the Park) attracted over 500 people. 250 picnics were given away, two inflatables were provided, and an Eduplay fun bus for younger children.

Weekly self defence classes, one in Richmond Hill, 6 attended and one in Burmantofts, 7 attended. Feedback from the women attending was that their confidence increased and they felt less vulnerable.

Wii fit and balance board purchased for use with Zest's parents group in Burmantofts. The parents really enjoyed the exercises and keep fit workouts, especially during the winter months, and the wii fit will be used with other groups in the area.

The 10 week food club was set up as a pilot and as a continuation of the 4 week cook4life courses. During the 10 week period, members of the food club were shown how to adapt recipes and to cook them using healthier cooking methods. Feedback from those attending was they had a more varied diet, had a better understanding of how to select healthier foods, and their mental and physical health had improved.

Big Top Family Fun Day – a circus themed fun day at the Mega Centre on York Road which included a family disco, party games, henna tattoos, lavender bag making, juggling demonstrations, face painting, bouncy castle and a healthy free lunch. 14 adults and 37 children attended.

Project: Street Work Soccer Seacroft	
Lead organisation: Street Work Soccer Academy	Wellbeing Funding: £2,400
38 young people attended. They went through various drills and coaching topics each day such as passing, turning, shooting, heading and fitness. The feedback from the young people was positive. The young people worked hard within the sessions and conducted themselves well, they were all rewarded with a free football kit.	

Project: Body and Soul Project	
Lead organisation: Women's Health Matters	Wellbeing Funding: £1,557
Eight sessions were delivered to six girls from Seacroft. The sessions were planned around raising aspirations around relationships and improving the girls' abilities to make positive choices in order to reduce unwanted pregnancies. The issues discussed at the sessions included support networks, relationships, health, how to stay safe, our bodies, puberty, teenage pregnancy and alcohol/drug awareness. During the 8 week programme the girls also developed their confidence as peer educators by relaying what they had learned to new group members or visitors. Positive feedback from the girls who attended included <i>"it made me think more about what choices I make"</i> ; <i>"I have learnt about places I could go for help"</i> ; <i>"I have learnt about how to be more protected when on my own"</i> .	

Project: Community Pantomimes	
Lead organisation: Inner East Extended Services School Cluster	Wellbeing Funding: £1,800
Three community pantomimes were held during December 2010 at Shakespeare Primary School, Church of the Epiphany and Newbourne Methodist Church. The pantomimes were all attended by families living in the area, and provided an opportunity for parents and extended families to interact with their children in a safe, fun setting.	
Each of the events was attended by families from a variety of schools in its locality, enabling families to meet one another and began to demonstrate that a child's school is not barrier to them enjoying activities with children from other schools.	
A total of 292 people attended the three events.	

Project: Bangladeshi Community Stop Smoking Campaign	
Lead organisation: NHS Leeds	Wellbeing Funding: £999
2,500 flyers were distributed though GPs, community nursing staff, pharmacists, voluntary sector organisations and mosques in Harehills. The flyers have been evaluated as an excellent health and social marketing tool. Advice was provided over a two month period to the Bangladeshi men's group, which meets at the Bangladeshi Centre, to raise awareness of the hazards of smoking and the help available to stop. Approximately 35 men attend this session. On 24 November Feel Good Factor and Leeds Stop Smoking services attended the session to facilitate discussion about stopping smoking and launch a physical activity challenge.	

Project: Seacroft & Harehills Credit Union Sustainability Joint Service Centre Partnership	
Lead organisation: Leeds Credit Union	Wellbeing Funding: £10,000
The Leeds Credit Union service provided financial information and advice at Seacroft One Stop Centre and Harehills Joint Service Centre 9am – 1pm on Mondays, Wednesdays and Fridays. From January to March 2011 at total of 488 members of the public have accessed the service which included 24 new members, 3 new current account applications and 170 general enquiries.	

Project: Denis Healey Centre Youth Hub Improvements	
Lead organisation: Leeds City Council Youth Service	Wellbeing Funding: £10,000
The Denis Healey Centre is the youth hub for Inner East Leeds. A fire exit has been fitted in the basement enabling the whole basement area to be used for activities. The multi media space has been completed. A large range of equipment has been installed and is now being made	

ready for use by young people in the Inner East Area.

Project: East End Park Paths

Lead organisation: Leeds City Council Parks

Wellbeing Funding: £30,000

East End Park is one of the Parks and Countryside's large community parks. The park has a very strong Friends of Group who have worked with officers from Parks and Countryside to produce a development plan for the park to help improve the image of the park. This scheme forms part of the development plan and involved removing of a footpath by the sports field which, due to root invasion, could not be reinstated without causing serious damage to the tree stock. The area was soiled and reseeded. Other paths within the park were resurfaced.

Project: Comptons Binyards

Lead organisation: Re'New Leeds

Wellbeing Funding: £45,000



13 binyards have been refurbished to a high standard. 5 construction trainees have benefited from work experience on the construction site totalling 24 weeks; taking part in demolition, labouring, bricklaying and steel fixing. 2 construction trainees have been employed as full time apprentices by the contractor Taurus Workforce Ltd. Feedback from residents has been extremely positive.

Portable goals at Prince Philip Centre

Lead organisation: CFYDC (Chance)

Wellbeing Funding: £1,933.58

2 sets of senior portable aluminium goals and the associated accessories (wheels, nets etc) were purchased to replace the existing goals which have been condemned as unsafe. The goals are used in the coach training programme and as the goals are portable they provide flexibility in the delivery of sessions so space can be utilised to accommodate all the football squads. 10 football teams and up to 500 young people have benefited from the use of the goals including young people from Harehills, Burmantofts, Gipton and Ebor Gardens